



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
AQUA 8:45am - 9:30am Beejacks	AQUA 9:30am - 10:15am Kate	DANCE 9:30am - 10:15am Sam	AQUA 8:45am - 9:30am Emma N		TABLE TENNIS 2:00pm - 4:00pm	
PILATES 9:40am - 10:25am Beejacks	DANCE 10:30am - 11:15am Sam	AQUA 10:25am - 11:10am Sam	PILATES 09:45am – 10:45am Sarah R			
AQUA 10:35am - 11:20am Beejacks	PILATES 11:30am - 12:30pm Helen M	AQUA 11:30am - 12:15pm Beejacks	DANCE 11:30am – 12:15pm Sam			
		TABLE TENNIS 2:00pm - 4:00pm	CHAIR EXERCISE 2:00pm – 2:45pm Emma N			
		YOGA 5:30pm - 6:30pm Helen B	AQUA 5:30pm - 6:15pm Sam			
	CHILDREN SWIM 3:00pm - 5:00pm (Owners and members welcome)	CHILDREN SWIM 3:00pm - 5:00pm (Owners and members welcome)		CHILDREN SWIM 3:00pm - 5:00pm (Owners and members welcome)		CHILDREN SWIM 3:00pm - 5:00pm (Owners and members welcome)