



## Audley Club Classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua Fit		11:00am to 11:45am 12.15pm to 13.00pm		11:00am to 11:45am 12.15pm to 13.00pm			
Pilates				13.30pm to 14.15pm			
Yoga			15.00pm to 15.45pm				
Chair Based Exercise					11.00am to 11.45am		

Advance booking required and subject to availability.